

Family Fun Activity: Our Blessing Book

A Blessing Book can be a great reminder of God's goodness and blessings. Any family-fun time spent together is a great time to look around at see all of the blessings in your life.

Making Our Blessing Book

Items Needed:

- Colored Pencils or Markers, Miscellaneous Decorations, Glue, Scissors, 1 Sheet of Construction Paper, Book Pages (10 sheets of white copy paper sewn down the middle)

Instructions:

- Fold the pages on the sewn line.
- Wrap the construction paper around the book pages.
- Glue the construction paper to the first page of the front and the last page of the back of the book pages to create a cover.
- Give your Blessing Book a title, such as "Our Family Blessings" and decorate the cover.
- Allow each family member to choose a color (darker colors work best) and that color will be used for his or her entries in the blessing book.
- On the first page of the book, each family member will write his or her name in the color of his or her choice.

Variation:

- A marble notebook can be purchased instead of making the book.



Blessing Book Authors

Follow the steps below for each family-fun time. Examples of family-fun times are: a special trip, a family night, a vacation, a day trip, a nature hike, a movie night, bird watching, a shopping trip, or planting a garden.

Items Needed:

- 1 Blessing Book, 1 Pencil or Pen for Each Family Member (the color of their choice)

Instructions:

- Write the date and a short description of the family-fun time.
- Each family member will use his or her color to make an entry describing something about the trip that they consider a blessing.
- The entry may be written or drawn depending on ages.
- Each page may be decorated with drawings, pictures taken during family-fun time, or images from brochures, maps, or magazines.
- A new Blessing Book can be created each year, which will be great memories as family members grow older.