

Outdoor Activity: Bean Bag Hop

Items Needed:

- 2 Beanbags

Instructions:

- Divide the children into two teams, and give each team one beanbag.
- Each team will stand in a circle.
- The child with the beanbag will hold the beanbag between his or her knees and hop around the outside of the circle.
- When the child returns to his or her spot in the circle, he or she will hand the beanbag to the child on his or her right.
- This child will place the beanbag between his or her knees and hop around the outside of the circle.
- This will continue until all of the children have had a turn.
- The first team to have all members hop around the circle and return to their spots wins the game.
- If teams are uneven, the team with fewer players will have the first child take two turns.

Variation:

- For smaller groups, have all of the children stand in one circle. Play a song or set a timer. If all of the children are able to take a turn before the song ends or the time stops, they all win.