

Indoor Activity: Listen and Toss

Items Needed:

- Beanbag

Instructions:

- Have the children stand in a circle.
- Give one child the beanbag.
- The child with the beanbag will toss it to another child, while shouting out “foot,” “head,” or “hand.”
- The child to whom the beanbag was tossed will hit the beanbag and toss it to another child using only the body part that is called out, while shouting out either “foot,” “head,” or “hand.”
- This will continue until the beanbag falls on the floor.
- Any child who doesn't hit the beanbag or uses the wrong body part is out.
- The last child standing wins the game.