

Indoor Activity: Praise Shakers

Items Needed:

- General: Bag of Dried Beans, Scissors, Tape, Markers or Crayons
- Per Child: 1/2 Sheet of Construction Paper, 1 Plastic Drink Bottle with Lid

Instructions:

- Give each child 1/2 sheet of construction paper, 1 plastic drink bottle, and some dried beans.
- Each child should decorate one side of the construction paper.
- Wrap the construction paper around the bottle (tape it so it will stay on the bottle).
- Place beans in the bottles, put the lids on, and they have shakers.
- Tell the children that they can use their shakers when they are singing praise songs to our Lord.

If There's Time: Let's Shake!

- The leader will call out the words: Believe, Faith, or Move.
- When Believe is called, the children will shake their shakers over their heads.
- When Faith is called, they will shake the shakers with their arms stretched out to their side.
- When Move is called, they will shake the shakers and move in silly ways until the next word is called out.